

Domestic Briefing

<p>Water</p> <p>How, minimise use</p> <p>Gas on cooker</p> <p> Safety</p> <p> Use of cooker</p> <p> Matches</p> <p>Folding hatches behind cooker locked</p> <p>Cooking</p> <p> Gimbals and oven lock</p> <p> Take turns</p> <p> Clear up after include: clean galley area every day Clean out cool box if required Magic sink!</p> <p> Close lockers</p> <p>Drinks and snacks</p> <p> Position and access</p> <p> Meals stowage</p>	<p>Personal stowage</p> <p> Behind bunks, locked down</p> <p> Keep tidy</p> <p>Boat heeling</p> <p>Clean boat</p> <p> Heads and saloon cleaned daily</p> <p> Cockpit daily if possible</p> <p>Electricity</p> <p> Light operation</p> <p> Turn off lights</p> <p>Heads</p> <p> Go ashore if possible</p> <p> Code in marina</p> <p> Operation and blockages</p> <p>Seasickness</p> <p> Possibility, pills, action</p> <p>Medical facts</p> <p> Conditions and medicine</p>
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Safety Briefing

Swimmers	Gas
Harnesses	Turn off at tap when finished
Fit	Check oven is off first!
When and attachments	Tap on bottle
Lifejackets	Gas alarms and action
Fit	Fire
When and stowage	Extinguishers
Engine start and stop	Engine fuel and water cut offs
Liferaft	Matches, wet and bin
Liferings	Smoking
Use and position	Seacocks and pumps
Throw line	Use and position
Use and position	Bungs
Deck safety	Hatches closed at sea and before departure
Boom and mainsheet	Washboards
Winch use	Window covers
Main traveller	First aid
	Kits and tell skipper
	Flares
	Where how and when
	ID panels
	Exposure bags
	Where and use
	Bolt cutters
	Radios
	Main and portable
	Mayday and use
	Torches and Searchlight